Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_

High School & Community Service Activities Record

Place an “X” for each corresponding grade you participated in the following school activities. Please be extremely thorough in listing all activities.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Community Service (volunteer work)** | **Hours** | **9th** | **10th** | **11th** | **12th** |
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| **Organizations, Clubs, Activities & ASB (please note any leadership roles)** | **9th** | **10th** | **11th** | **12th** |
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| **Special Talents & Hobbies** | **9th** | **10th** | **11th** | **12th** |
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| **Athletics, Cheer, Dance, Theater, Band** | **9th** | **10th** | **11th** | **12th** |
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|  |  |  |  |  |
| **Awards, Honors, and Other Achievements**  | **9th** | **10th** | **11th** | **12th** |
|  |  |  |  |  |
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|  |  |  |  |  |
|  |  |  |  |  |
| **Jobs**  | **9th** | **10th** | **11th** | **12th** |
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Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period \_\_\_

High School & Community Service Activities Record

In addition to your courses and grades, we want to know about any honors you’ve received and how you spend your time outside of school. Use this worksheet to prepare concise descriptions of your most significant awards and activities. You may list up to five entries in each category, so think carefully about what you want to highlight. Also make sure to fully describe each item (up to 160 characters) for admissions offices to best understand your involvement.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Coursework Other Than A–G** List the courses you took during high school, other than those approved for UC admission, that demonstrate a particular focus or interest (e.g., language immersion courses or nontransferable college courses). | **9th** | **10th** | **11th** | **12th** | **Hours****Per****Week** | **Weeks****Per****Year** |
| **Course Name** | **Description of Course** |
|  |  |  |  |  |  |  |  |
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| **Educational Preparation Programs** List your participation in educational or academic preparation programs that are designed to help students prepare for university study. These programs may include academic enrichment programs sponsored by colleges/universities, research programs and study-abroad programs.  | **9th** | **10th** | **11th** | **12th** | **Hours****Per****Week** | **Weeks****Per****Year** |
| **Program Name** | **Description of Program** |
|  |  |  |  |  |  |  |  |
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| **Volunteer and Community Service** List unpaid work only. | **9th** | **10th** | **11th** | **12th** | **Hours****Per****Week** | **Weeks****Per****Year** |
| **Organization** | **Description of organization and your responsibilities** |
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| **Work Experience** List paid work only. | **9th** | **10th** | **11th** | **12th** | **Begin****Mo/Yr** | **End****Mo/Yr** | **Hours****Per****Week****(Summer)** | **Hours Per** **Week****(Sch. Yr)** |
| **Job Title** | **Responsibilities**  |
|  |  |  |  |  |  |  |  |  |  |
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| To what use have you or will you put your earnings? |
| **Awards and Honors** List and briefly describe the most significant awards you have received since the beginning of 9th grade. | **Award or Honor Type****Academic Other** | **Date****Received** |
| **Award or Honor** | **Description of Award or Honor** |
|  |  |  □ □ |  |
|  |  |  □ □ |  |
|  |  |  □ □ |  |
|  |  |  □ □ |  |
| **Extracurricular Activities** List and briefly describe the activities you have been involved in since the beginning of 9th grade. | **9th** | **10th** | **11th** | **12th** | **Hours****Per****Week** | **Hours****Per****Year** |
| **Activity** | **Description of Activity**  |
|  |  |  |  |  |  |  |  |
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This worksheet is adapted from the “Activities and Awards Worksheet” portion of the application for admissions to the University of California.